ASN International School

Mayur Vihar - I, Delhi

MENU OF THE MONTH – November ,2026

Chapati, rice and salad will be served daily along with the dishes mentioned in the menu.

Day	Date	DAL	VEGETABLE	SNACKS
Mon	02-Nov	Mixed Dal	Jeera Potato	Kheer
Tues	03-Nov	Kale Chana	Bottle Gourd	Upma
Wed	04-Nov	Arhar Dal	Gobhi Potato	Namkeen Sewain
Thurs	05-Nov	Moong Dal	Mix Veg	Poha
Fri	06-Nov	Dal Makhani	Shahi Paneer	Bread Sandwich
Thurs	12-Nov	Rajma	Brinjal	Namkeen Sewain
Fri	13-Nov	Red Dal	Capsicum & Potato	Macaroni
Mon	16-Nov	Mixed Dal	Potato & Tomato	Upma
Tues	17-Nov	Sambar	Pumpkin	Poha
Wed	18-Nov	Kale Chana	Parwal	Custard
Thurs	19-Nov	Green Moong Dal	Bhindi	Namkeen Sewain
Fri	20-Nov	Red Dal	Palak Sweet Corn	Stuffed Sandwich
Mon	23-Nov	Chhole	Paneer Pulao	Macaroni
Wed	25-Nov	Louki Chana	Soyabean Peas	Kheer
Thurs	26-Nov	Yellow Dal	Potato & Cauliflower	Upma
Fri	27-Nov	Arhar Dal	Mix Veg	Poha
Mon	30-Nov	Green Moong Dal	Bottle Gourd	Namkeen Dalia

Note: The menu is subject to slight changes depending on the availability of ingredients.

Shivani Khanna

Headmistress