

ASN International School

MENU OF MONTH - July ,2025

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Tues	01-Jul	Chhole	Potato & Capsicum	Veggy Macroni
Wed	02-Jul	Moong Dal	Potato & Parwal	Custard
Thu	03-Jul	Saboot Masoor	Lady Finger	Namkeen Sewain
Fri	04-Jul	Dal Makhani	Shahi Paneer	Kheer
Mon	07-Jul	Arhar Dal	Louki	Bread Sandwich
Tues	08-Jul	Mix Dal	Pumpkin	Custard
Wed	09-Jul	Rajma	Tinda	Sweet Dalia
Thu	10-Jul	Louki + Chana Dal	Potato & Beans	Upma
Fri	11-Jul	Chhole	Louki	Poha
Mon	14-Jul	Moong Dal	Mix Veg	Kheer
Tues	15-Jul	Black and Yellow Dal	Shahi Paneer	Veggy Macroni
Wed	16-Jul	Mix Dal	Potato & Capsicum	Bread Jam
Thu	17-Jul	Louki + Chana Dal	Lady Finger	Poha
Fri	18-Jul	Kaale Chane	Kaddu	Sweet Sewain
Mon	21-Jul	Sambhar	Louki	Kheer
Tues	22-Jul	Rajma	Baigan Bharta	Custard
Wed	23-Jul	Mix Dal	Nutella	Upma
Thu	24-Jul	Moong Dal	Bittergourd	Veggy Macroni
Fri	25-Jul	Arhar Dal	Mix Veg	Bread Sandwich
Mon	28-Jul	Chhole	Ridge Gourd	Halwa
Tues	29-Jul	Louki + Chana Dal	Potato & Capsicum	Sweet Sewain
Wed	30-Jul	Kadhi	Ridge Gourd	Namkeen Sewain
Thu	31-Jul	Rajma	Potato & Capsicum	Kheer
Warm Regards				
Shivani Khanna				